

By failing to plan you are effectively planning to fail is a well-known business maxim. And all too often it turns out to be true. In business and in many other walks of life, if you do not have a goal you want to achieve or a plan of how to achieve a goal, then you are unlikely to be successful. This powerful 3-in-1 (rapport building, self-hypnosis training, and hypnotherapy) self-hypnosis recording will help you set achievable goals, and plan the path to follow to achieve them. Goal Setting with Delta, Binaural, and Isochronic Tones is a powerful brainwave meditation program. A mix of three tones, it acts as a gym for your brain, strengthening and improving your mental capacity. It helps you release stress, boost your brain power, skyrocket your mood and energy levels and so much more. It increases focus and brain power, bringing about true peak performance in a matter of days. This effective speaking self-hypnosis recording will help you to get past your negative thoughts. The script was written and narrated by Randy Charach, US-based Canadian celebrity public speaker, hypnotist, and infopreneur. Randy Charachs clients include many famous people, like John Travolta, Tony Curtis, and Sean Penn, as well as hundreds of others. As a public speaker, he has addressed audience at companies like Microsoft, CocaCola, Disney, IBM and Xerox and many other satisfied clients.

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